

What's New?'s Paper

Hershey Kiss Bags

We will be filling the Hershey Kiss Bags to distribute to nursing homes. Bring at least two bags of Hershey's Valentine (red and silver) Kisses—no nuts.



Welcome Our New Member

We will be installing Laretta Davis at our February meeting. Her husband's name is Scott. She enjoys reading and knitting in her spare time. She would like to get involved in the community and meet women in her community.

Add to your yearbook:

Laretta Davis
2227 County Street
East Taunton, MA 02718
508-821-7752

Valentine's Tea

Members should bring finger food for the tea (pastries, cookies, brownies, mini-sandwiches, etc.). Those who have volunteered to set up, be at The Arbors at noon on Sunday, February 10th.

Upcoming Meetings and Events.

Feb. 4th Meeting at The Arbors, 7 p.m.

Feb. 10th Valentine's Tea at The Arbors, 2-4 p.m.

Feb. 25th Board Meeting at The Arbors, 7 p.m.

Reminders for February's Meeting

Samaritan House paper plates, napkins, paper towels, toilet paper

Education: a children's book or paperback dictionary

Pride Inc.: Board games

St. Vincent de Paul: 2 or more canned goods

Secret Pal Gifts!

Hospitality

February 4th

Joyce C. (C) and Sharon J.

March 3rd

Cheryl C. (C) and Sharon W.

April 7th

Debbie B. (C), Debbie R., and Sue L.

May 5th

Darlene B. (C) and Joan C.

Submit Articles to Editor: Nancy Clark
tauntonraynhamjrwomen@yahoo.com



Mid-Winter Conference

This year's conference at The Stone Forge on Saturday, January 26th was a great success. We enjoyed seeing old friends, playing M & M's bingo, filling those goody bags, and the food was awesome!

Birthday Wishes, Inc.

Rachael Freeman, the volunteer director of Birthday Wishes, Inc. spoke to us about the birthday parties that they conduct for homeless children. We then made birthday cards and filled goody bags for the organization. Our club donated 158 items for the goody bags.



Our Group

Thanks to all of our members who helped put this together, the Mid-Winter Conference went off without a hitch. Denise did a great job with the welcoming speech. A good time was had by all and we had a record of 13 members attending.



Membership:

- ◆ We had 50% attendance at January's Meeting.
- ◆ Invite a friend to one of our meetings, or give me the name of someone that you think would be interested and I will contact them. Let's increase our membership to be great in '08!

◆ How to Change Your Mood

GOT CHOCOLATE?

Chocolate releases an endorphin called serotonin, the brain's natural chemical upper. Endorphins are believed to be responsible for the pleasant physical sensation we feel when we are in love, and for the body's ability to tolerate and overcome pain. The trick is to slow down enough to really enjoy the taste. Let your tongue experience all of the notes and flavors of the chocolate and tune into the endorphin surge. Have one or two, but don't gorge the whole box. That will leave you feeling guilty and out of control.

Natural Highs: Supplements, Nutrition, and Mind Body Techniques to Help You Feel Good All the Time(Penguin Putnam)

- ◆ If you want that feel good sensation, bring a friend or neighbor to a meeting, and get your chocolate M&M fix. Remember that Juniors have 'Got Chocolate.' Share the feeling.

Rent Relief:

Thanks to Joanna A. for January's rent relief. Audrey S. will be providing February's rent relief.

Newsletter:

Send any info to Nancy C. at
tauntonraynhamjrwomen@yahoo.com

International Affairs:

We are collecting books for the "Camel Bookmobile." A camel-borne library has been established deeper into the bush, in the town of Wajir in Kenya, and books are badly needed there, according to Mr. Farah, the librarian in Garissa, Kenya.

For ideas of the types of books to collect, Masha Hamilton, author of *The Camel Bookmobile* says:

The librarians in the Northeast Province who travel with the camel bookmobile told me children's storybooks are most popular, general fiction for kids and adults is also high on the list, and much interest is shown in nonfiction books covering topics ranging from astronomy to geography to history. We also like to send books by African authors. Gently used books are welcome.

The librarians also said patrons especially love it when a book is inscribed with a note from the sender. It helps them feel connected to places only barely imagined.

Those planning to take school exams to further their studies focus on English since this is the language of government and education. Take a look at the [Amazon wish list](#) for ideas, or select some of your own favorite books.

BOOKS NOT TO DONATE: We want to get the camel library the kinds of books they most need. Based on Ms Hamilton's time spent with the camel library as well as consultations with the camel librarian, Mr. Farah, books you might consider donating elsewhere include: textbooks, books about American, European or religious holidays, books with lots of slang, or racy adult books.

Some Web Addresses to find books:

- ◆ http://www.amazon.com/gp/registry/wishlist/2XEQT1ELNXI9Y/ref=wl_web/?tag=word08-20
- ◆ <http://www.powells.com/cgi-bin/wishlist?email=masha99@aol.com&list=Camel%20Bookmobile%20Wish%20List>
- ◆ Swahili is the national language. You can order books in Swahili from
 - http://www.languagelizard.com/Swahili_s/2740.htm
 - http://www.peppercornbooks.com/catalog/index.php?cPath=37_47

Denise is also requesting that you clean out your junk drawers for any used pens and pencils to be donated to a Catholic Mission in India.

Education:

- ◆ Members are asked to bring a children's book to January's meeting. The children's books will be donated to DSS for "Backpacks for Children Who Wait."
- ◆ Or bring a paperback dictionary for the *Prison Book Program*, www.prisonbookprogram.org.

Homelife:

- ◆ Keep knitting or crocheting those rectangles for "Warm Up America." They would like 7" x 9" rectangles, either knitted or crocheted, made with acrylic yarn. See <http://www.warmupamerica.com/patterns.html> for directions.
- ◆ The fundraising drive for "The Women's Lunch Place" is now over. Thanks to everyone for their contributions.

Conservation:

- ◆ See our website at <http://www.nclark.net/ClubReminders> to see the list of items we are collecting to recycle. The destinations for the items are now listed on our website.
- ◆ Free electronics recycling:
CRT Recycling Inc.
175 East Ashland Street Brockton, Massachusetts 02302

PH# 1 (800) 944-7019 FAX (508) 427-9311 or go to <http://www.recyclingelectronics.com/> for collection locations and dates.

- ◆ Darlene's church is collecting clean used blankets, hats, gloves, mittens, socks, sweatshirts, and scarves for needy families.

Fundraising:

Keep making those brownies for Denise to sell at school as a fundraiser. Put 5 in a bag and make sure they don't have nuts. We could use this money to buy some of the items we donate to organizations so that members would not be asked to donate so much on their own.

Arts:

- Congratulations! December's "Smart Cookies" were Audrey Serrecchia & Nancy Clark who knew both the author/artist, Ralph Davol, and the Wampanoag sachem, Anawon. They received the whole cookie award. Denise Wheeler and Cheryl Carlos also tried their knowledge and guessed the author/artists name. They received the mini cookies award.
- **February Art Trivia Question:** Are you ready to challenge your research skills. New prizes will be awarded at the February meeting. Will you be on the receiving end? Put on your creative minds, start up your computers, or hit the books to discover the answer to this month's question.

The color wheel introduced in every ___ ___ class consists of what ___ ___ primary colors?

Can you fill in the blanks and list the colors? You need ALL THREE to win the Smart Cookie Award for February. Call me or e-mail the answer before the Feb. Meeting. 774-218-1456 or ndbrown261@gmail.com

Public Affairs:

Bring teddy bears for the Taunton Emergency Management System being collected by the Taunton Federal Credit Union.

Secret Pals:

Participate to get a chance at the Traveling 'Pass it On' Journal. Find out what inspires your fellow juniors. It's fun; it's motivating; and it's a chance to leave a bit of you in the GFWC of MA JWCTR archives.

Save the Date:

The annual GFWC Juniors Conference and Installation of Officers will be on Saturday, April, 26th at the Springfield Marriott, 2 Boland Way, Springfield, MA.